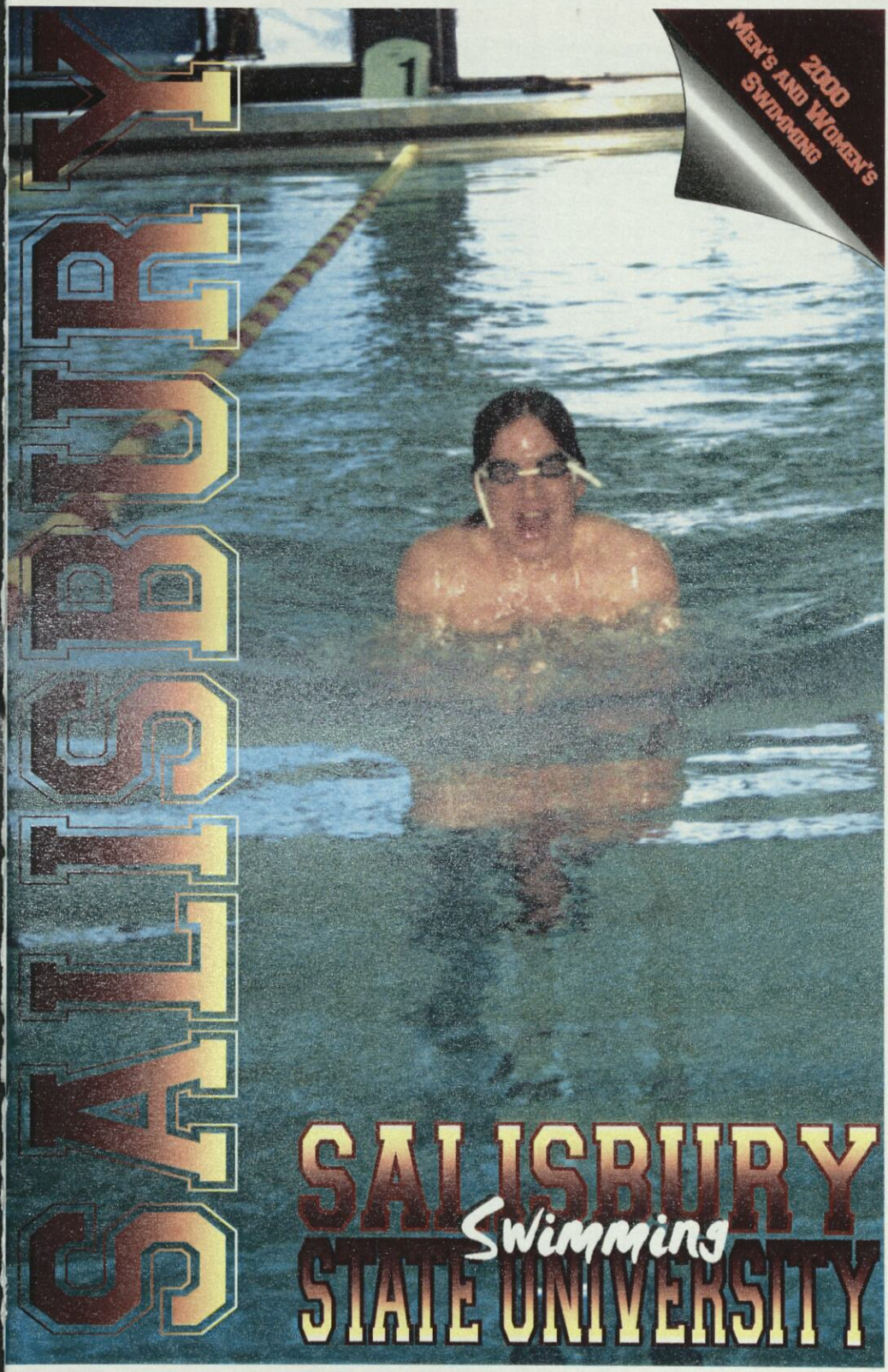

SALISBURY
2000
MEN'S AND WOMEN'S
SWIMMING
SALISBURY
Swimming
STATE UNIVERSITY

SSU at a glance

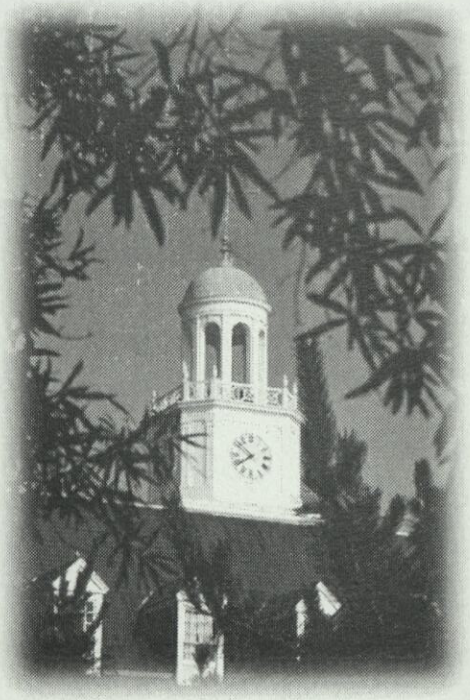
The resources of a University ...
6,000 students from 36 states and 50 foreign countries
29 undergraduate and 8 graduate programs
200 full-time tenure-track faculty, 85 percent with terminal degrees, including National Endowment for the Humanities scholars and Fulbright professors.
NCAA Division III Athletics, 9 men's, 10 women's intercollegiate teams; 22 intramural sports

... with small-school opportunities.
Approachable faculty (17:1 student/faculty ratio)
Honors program with dedicated faculty at the Bellavance Honors Center. Ten residence complexes including traditional, co-ed, suite and apartment styles.

The security of state support ...
1999-00 tuition, room, board and fees: $9,746 per year for Maryland residents; $14,140 per year out-of-state.
A library with over 800,000 volumes, periodicals, microforms and databases including word processing and computer labs. Access to collections throughout the country.

... with the benefits of private funding.
Altogether, SSU awards nearly $1 million in academic scholarships each year. More than $24 million in private endowments supports some of those scholarships and provides for some of the finest educational programs.

In an ideal–and idyllic–location:
Salisbury, MD, is 30 miles west of the Atlantic Ocean and Ocean City, MD, and 20 miles east of the Chesapeake Bay; 2 hours from Baltimore, Washington, D.C. and Wilmington, DE. The campus is 2 1/2 hours from Norfolk, VA, and Philadelphia, PA, and 4 1/2 hours from New York.



Come see us–in person, or in cyberspace. We'd love to see your smiling face, but if you can't get here, check out our Web site.
We're at **http://www.ssu.edu.**

SSU's campus is in an attractive, residential neighborhood of stately homes on sculpted lawns, less than one-half mile from the banks of the Wicomico River. The campus includes 34 buildings on 125 landscaped acres. Students walk from one end of campus to the other in about 5 minutes.

Head Coach Jill Stephenson

Jill Stephenson joined the Sea Gull staff in 1995 as the head coach of the men's and women's swimming programs at Salisbury State. With experience as a collegiate swimmer and coach, Stephenson is no stranger to college athletics and the demands of an intercollegiate swimming program.

During her tenure, the men's and women's teams have virtually rewritten the Sea Gull recordbook with 87 new records since 1995, including 10 during the 1999-2000 season. In addition, under her tutelage, SSU produced its first all-American swimmer, Chris Bembenek, who earned honorable mention status in two events at the 1998 NCAA Championship Meet. Seven other Sea Gull swimmers have also met provisional qualifying times for the national championship during the past two seasons.

Stephenson, a native of Monroe, MI, has an extensive coaching and teaching background. She served as the head coach of the men's and women's swimming and cross country teams for six years at Olivet (MI) College. In addition to her coaching duties, Stephenson served as an assistant professor in the department of physical education, served as aquatics director and was assistant athletic director overseeing the women's athletics program.

In 1992, Stephenson joined the American Red Cross as its Emergency and Health Services Director for the Calhoun County Chapter in Battle Creek, MI. While working for the Red Cross, Stephenson remained active in swimming as an adjunct faculty member in aquatics at Kellogg Community College and also coached at several camps and clinics throughout the Midwest.

Stephenson earned her bachelor of science in physical education from Northern Michigan University in 1983, where she was a four-year swimming letterwinner, and received her master's in sports management from Southern Illinois University in 1986. In addition to working as an assistant coach at her alma mater for one season, Stephenson served as an assistant coach at Southern Illinois for two years prior to joining the staff at Olivet College.

In addition to her duties as the Salisbury State men's and women's coach, Stephenson also works as SSU's aquatics director, overseeing teaching and community programs and serves as an instructor in the physical education department.

Sea Gull Team Captains (left-right): Scott DeJesus, Rebecca Mitchell, Alison Calcaterra, Mike Nusbaum

1999-2000 Results

Date	Opponent	Men's Results (4-4 overall, 4-2 CAC)	Women's Results (6-4 overall, 5-2 CAC)
Oct. 23	Sea Gull Relays	1st of 6 teams	1st of 6 teams
Oct. 30	Mary Washington *	L 104-95	L 142-63
Nov. 6	**Gallaudet ***	–	W 112-53
Nov. 10	Rowan	L 122-84	L 119-86
Nov. 13	**Marymount ***	W 123-82	W 115-90
Nov. 17	Washington (MD)	L 151-50	L 131-74
Nov. 20	York *	W 122-83	W 120-70
Dec. 3-4	Kutztown Invitational	4th of 9 teams	3rd of 10 teams
Jan. 15	**Goucher ***	W 110-42	W 126-69
Jan. 21	Notre Dame (MD)	–	W 59-34
Jan. 23	Catholic *	L 126-56	L 122-66
Jan. 29	**St. Mary's ***	W 135-70	W 123-83
Feb. 11-13	CAC Championship Meet	4th place	3rd place

* Capital Athletic Conference meet
Home events in **Bold**

SSU Competes in CAC

Salisbury State has competed as a member of the Capital Athletic Conference since 1993, when it became the eighth and newest member of the league. As a conference member, the Sea Gulls meet each of the other CAC teams in dual meet competition during the regular season. The conference members conclude the year with the CAC Championship Meet, normally scheduled in mid-February. The SSU teams registered their best-ever regular season showings during the 1999-2000 campaign, finishing with a 5-2 CAC mark on the women's side and a 4-2 conference record in men's meets. The women also recorded their highest-ever finish in the CAC Championship Meet, placing third. The men's squad finished fourth for the third straight year. The other members of the conference are Catholic, Gallaudet, Goucher, Marymount, Mary Washington, St. Mary's and York.

Gulls Place 3rd and 4th at CAC Championships

The men's and women's swim teams concluded their seasons at the annual Capital Athletic Conference Championship Meet with strong individual and team performances. The women's squad earned its highest finish ever with a third place showing in the eight-team field. The men matched last year's finish by placing fourth in the championship, after a third-place regular season showing.

Two Sea Gulls claimed individual conference championships. Sophomore **Brendan Roddy** successfully defended his title in the 1650-yard freestyle, winning the event in a time of 17:03.77. Roddy also added a second place finish in the 500 freestyle and a fourth place showing in the 200 backstroke.

Junior **Cineva Kline** captured the women's only individual title with a school-record time of 1:01.18 in the 100 backstroke. Kline added a second school-record with a time of 2:16.16 in the 200 backstroke. She finished seventh in that event.

Other women's highlights included three second place finishes for junior **Rebecca Mitchell**, including a school-record time in the 500 freestyle (5:11.15). She was also second in the 100 butterfly (1:01.36) and the 200 freestyle (1:56.79). Mitchell had part in five new SSU records during the 1999-2000 season and has her name etched in nine spots in the SSU recordbook through three varsity campaigns.

Junior **Alison Calcaterra** recorded a third place showing in the 100 freestyle and a fourth in the 50 free. Senior **Teresa Piekarski** was fifth in the 100 breaststroke and sixth in the individual medley. She concluded her four-year career as the SSU recordholder in both the 100 breaststroke and the 200 individual medley, and she shared four relay records. Sophomore **Julie Wood** finished fifth in the 200 backstroke.

On the men's side, junior **Scott DeJesus** added his name to the school recordbook in the 50 freestyle (22.65) and the 100 freestyle (50.23). He was fifth in the 100 free and placed sixth in the 200 backstroke. Other top six finishers included senior **Mike Nusbaum**, fifth in the 1650 free and senior **Brian Saulsbury**, sixth in the 400 IM.

Marymount's narrow margin over Salisbury for third place in the men's championship was decided on the final event, the 400 freestyle relay. Marymount edged the Sea Gulls in the event, placing third in 3:23.79, with SSU fourth in 3:23.93.

The men's squad finished with a 4-4 overall record and 4-2 CAC mark during the 1999-2000 season. The SSU women posted their best record since 1992 with a 6-4 overall mark and 5-2 CAC record.

Final Team Scoring Totals

Men		Women	
Catholic	586 pts.	Mary Washington	615 pts.
Mary Washington	441	Catholic	373
Marymount	228	**Salisbury**	**300**
Salisbury	**224**	St. Mary's	286
York	219	Marymount	207
St. Mary's	156	York	99
Goucher	60	Goucher	76
		Gallaudet	44

2000 Sea Gull Roster

Women	Year	Events	Hometown	High School
Alison Calcaterra	Jr	Freestyle	Severna Park, MD	Severna Park
Sharon Closterman	So	Freestyle	Bridgewater, NJ	Bridgewater Raritain
Tiffany Diepold	Fr	Freestyle	Forest Hill, MD	Fallston
Kelli Hecht	Fr	Freestyle	Toms River, NJ	Toms River North
Jessie Hobson	So	Freestyle	Herndon, VA	Oakton
Jaci Hoffmann	So	Freestyle	Rumson, NJ	Rumson Fair Haven
Cineva Kline	Jr	Backstroke	Salisbury, MD	Sts. Peter and Paul
Rachel Laurie	Fr	Butterfly	Hamilton, NJ	Hamilton East
Lori Lucas	Sr	Butterfly	Ft. Washington, MD	Bishop Ireton
Wendy Miller	Fr	Freestyle	Annapolis, MD	Broadneck
Rebecca Mitchell	Jr	Freestyle	Allen, MD	James M. Bennett
Jamie Nusbaum	Fr	Butterfly	Middletown, NJ	Middletown South
Teresa Piekarski	Sr	Breaststroke	Mt. Airy, MD	Glenelg
Dianne Pitcher	Fr	Freestyle	Denville, NJ	Morris Knolls
Kelly Spindel	So	Freestyle	Rockville, MD	Rockville
Julie Wood	So	Backstroke	Danville, PA	Danville
Suzanne Yurcho	Sr	Backstroke	Medford, NJ	Shawnee

Men	Year	Events	Hometown	High School
Matt Bennett	So	Freestyle	Towson, MD	Towson
P.J. Brennan	Fr	Freestyle	Baltimore, MD	Towson
Scott DeJesus	Jr	Freestyle	Aberdeen, MD	Aberdeen
Steve Gilligan	Jr	Freestyle	Bryans Road, MD	Lackey
David Haight	Sr	Freestyle	Bethesda, MD	Walter Johnson
Dan Hutton	Sr	Breaststroke	Takoma Park, MD	Montgomery Blair
Bobby Klaslo	Fr	Backstroke	Toms River, NJ	Toms River North
Jason Langenfelder	Jr	Freestyle	Abingdon, MD	Calvert Hall
J.J. Laskiewicz	Fr	Breaststroke	Harrington, DE	Lake Forest
Mike Matonak	Jr	Freestyle	Hagerstown, MD	Williamsport
Steve Muller	Jr	Freestyle	Toms River, NJ	Toms River North
Mike Nusbaum	Sr	Freestyle	Middletown, NJ	Middletown South
Brendan Roddy	So	Freestyle	Rockville, MD	Rockville
Brian Saulsbury	Sr	Backstroke	Salisbury, MD	James M. Bennett
Aaron Talasnik	Sr	Backstroke	Millville, NJ	Millville

Head Coach - Jill Stephenson (5th year) Assistant Coach - Marianne Buffum
Women's Captains - Alison Calcaterra, Rebecca Mitchell Men's Captains - Scott DeJesus, Mike Nusbaum Manager - Dan Kim

Men's Recordbook

(updated through 1999-2000 season)

Event	Time	Year	Name
50 yd Free	22.8	1999	Scott DeJesus
100 yd Free	50.35	2000	Scott DeJesus
200 yd Free	1:52.23	1996	Jeff Waltz
500 yd Free	4:51.48	1999	Brendan Roddy
1000 yd Free	10:33.91	1999	Brendan Roddy
1650 yd Free	16:54.65	1999	Brendan Roddy
100 yd Back	52.67	1998	Chris Bembenek
200 yd Back	1:53.37	1998	Chris Bembenek
100 yd Breast	1:03.73	1995	Matt Raschka
200 yd Breast	2:23.20	1996	Seri Bryant
100 yd Fly	53.47	1997	Chris Bembenek
200 yd Fly	1:58.43	1998	Chris Bembenek
200 yd IM	2:08.32	1999	Brendan Roddy
400 yd IM	4:22.47	1999	Brendan Roddy
200 yd Medley Relay	1:44.85	1999	Scott DeJesus, Brian Saulsbury, Brendan Roddy, Steve Gilligan
400 yd Medley Relay	3:50.22	1998	Chris Bembenek, Dan Hutton, Mike Nusbaum, Jeff Waltz
200 yd Free Relay	1:31.42	1998	Mike Nusbaum, Scott DeJesus, Jeff Waltz, Chris Bembenek
400 yd Free Relay	3:22.85	1998	Scott DeJesus, Mike Nusbaum, Jeff Waltz, Chris Bembenek
800 yd Free Relay	7:37.18	1999	Steve Muller, Bobby Klaslo, Mike Nusbaum, Brendan Roddy

Women's Recordbook

(updated through 1999-2000 season)

Event	Time	Year	Name
50 yd Free	24.89	1999	Alison Calcaterra
100 yd Free	53.90	1999	Alison Calcaterra
200 yd Free	1:56.55	1999	Rebecca Mitchell
500 yd Free	5:11.15	2000	Rebecca Mitchell
1000 yd Free	11:53.62	2000	Jessica Hobson
1650 yd Free	19:59.67	1997	Ali Dispenzieri
100 yd Back	1:01.18	2000	Cineva Kline
200 yd Back	2:16.16	2000	Cineva Kline
100 yd Breast	1:11.59	1998	Teresa Piekarski
200 yd Breast	2:37.44	1997	Jen Herzig
100 yd Fly	1:01.36	2000	Rebecca Mitchell
200 yd Fly	2:21.29	1994	Noreen Zuiderhof
200 yd IM	2:16.22	2000	Rebecca Mitchell
400 yd IM	5:12.80	1998	Teresa Piekarski
200 yd Medley Relay	1:54.12	2000	Julie Wood, Rebecca Mitchell, Teresa Piekarski, Alison Calcaterra
400 yd Medley Relay	4:11.70	1999	Julie Wood, Teresa Piekarski, Rebecca Mitchell, Alison Calcaterra
200 yd Free Relay	1:41.72	1999	Julie Wood, Teresa Piekarski, Rebecca Mitchell, Alison Calcaterra
400 yd Free Relay	3:42.46	1999	Julie Wood, Teresa Piekarski, Rebecca Mitchell, Alison Calcaterra
800 yd Free Relay	8:14.82	2000	Rebecca Mitchell, Dianne Pitcher, Jessica Hobson, Alison Calcaterra

Sea Gull Quick Facts

Location	Salisbury, MD
Founded	1925
Enrollment	6,000
President	Dr. Joel Jones (interim)
Colors	Maroon & Gold
Nickname	Sea Gulls
Affiliation	NCAA Division III
Conference	Capital Athletic (CAC)
Home Facility	Maggs Pool
Director of Athletics	Dr. Michael Vienna
Athletics Dept. Phone	410-548-3503
Athletics Dept. Fax	410-546-2639
Sports Information Director	Paul Ohanian
Sports Info. Phone	410-543-6016
Sports Info. Fax	410-543-6068
Head Coach	Jill Stephenson
Alma Mater	Northern Michigan '83
Record at School, Years	36-51-1 (M-W combined) 5 yrs
Coach's Phone	410-543-6357
Coach's E-mail	jastephenson@ssu.edu
1999-2000 Record	Men 4-4; Women 6-4
1999-2000 CAC Records	Men 4-2 (4th); Women 5-2 (3rd)

2000-2001 Sea Gull Schedule

Date	Opponent/Event	Location	Time
Oct. 7	Alumni Meet (exhibition)	Maggs Pool	11 a.m.
Oct. 21	CAC Relays	Arlington, VA	1 p.m.
Oct. 28	Mary Washington *	Maggs Pool	1 p.m.
Nov. 4	Gallaudet *	Washington, DC	1 p.m.
Nov. 7	Rowan	Maggs Pool	6 p.m.
Nov. 11	Marymount *	Arlington, VA	1 p.m.
Nov. 15	Washington (MD)	Maggs Pool	6 p.m.
Nov. 18	York *	Maggs Pool	1 p.m.
Dec. 1-2	Kutztown Invitational	Kutztown, PA	6 p.m.
Jan. 13	Goucher *	Towson, MD	1 p.m.
Jan. 20	Notre Dame (MD)	Maggs Pool	1 p.m.
Jan. 21	Catholic *	Maggs Pool	1 p.m.
Jan. 27	St. Mary's *	St. Mary's City, MD	1 p.m.
Feb. 9-11	CAC Championship Meet	Fredericksburg, VA	10 a.m.

* Capital Athletic Conference meet

SSU's Athletics Philosophy

Salisbury State University, a member of the National Collegiate Athletic Association's (NCAA) Division III, offers 19 intercollegiate sports for men and women. In addition to NCAA membership, SSU competes as a member of the Capital Athletic Conference (CAC) and the Eastern College Athletic Conference (ECAC).

As a member of the NCAA's Division III, Salisbury State places the highest priority on the overall quality of the educational experience. In doing so, it seeks to strengthen the integration of objectives and programs in athletics with academic and developmental objectives, and to assure the integration of athletes with other students.

SSU places special importance on the impact of athletics on the participants, with emphasis on the internal constituency (students, alumni and special friends) rather than on the general public and its entertainment needs.

The SSU athletics program is further characterized by the following principles:

- Participants receive the same treatment as other students. They have no unique privileges in admission, academic advising, course selection, grading, living accommodations or financial aid. Similarly, athletes are not denied rights and opportunities that would be available to them as non-athletes.

- Sports for men and women are given equal emphasis and the desired quality of competition is similar in all sports.

- Students are supported in their efforts to reach high levels of performance by providing them with adequate facilities, competent coaching and appropriate competitive opportunities with students from similar institutions.

- SSU strives to make the student-athlete's participation in intercollegiate athletics an enriching experience, and holds genuine concern for each participant's welfare. The intercollegiate program's foremost goal at all times is to supplement and enrich the first priority of the University, which is academic accomplishment.

NCAA®

Salisbury
STATE UNIVERSITY

Department of Intercollegiate Athletics
1101 Camden Avenue
Salisbury, MD 21801-6860